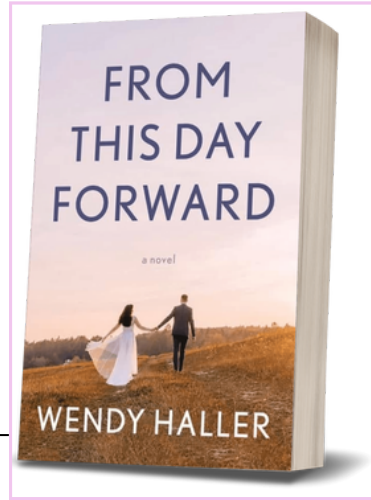


Discussion Questions for *From This Day Forward* by Wendy Haller



The following questions should provide a good starting point for a rich and engaging book club discussion about the themes, characters, and plot of the novel.

Character & Relationships

1. What were your first impressions of Jay and Emmaline? How did your feelings toward them evolve throughout the story?
2. How did Jay's injury reshape the dynamics of their marriage? Did you sympathize more with one of them?
3. In what ways does Emmaline's sense of identity shift as she navigates caregiving self-discovery?
4. How do secondary characters (friends or family) influence the couple's healing process?

Themes & Emotions

1. The story explores the idea of vows—what “for better or worse” truly means. How did that theme resonate with you?
2. The book's title *From This Day Forward* was not only a path for Jay and Emmaline, but one that their mothers' had to take in their own lives. Is there one situation that resonated with you over another?
3. Throughout the book there is a thread of mental illness and how it affects family, what are your thoughts and takeaways?

Storytelling & Structure

1. The book alternates between Jay and Emmaline's perspectives. How did this dual narrative affect your understanding of their relationship?
2. Were there moments that surprised you or challenged your assumptions about marriage, disability, or personal growth?

Reflection & Takeaways

1. What moment in the story moved you the most—and why?
2. What do you think the title *From This Day Forward* means by the end of the novel? ✨
3. How might the story have ended differently if either Jay or Emmaline made a different choice?
4. How did this story make you reflect on your own definitions of strength, love, or partnership?